

Botox: Information & Consent Form

You have the right to be informed and educated about your treatment. This will allow you to make an informed decision whether or not you wish to undergo treatment. You have the right to read this consent form, ask any questions you may have, and have them answered to your satisfaction prior to receiving treatment.

Botox therapy for wrinkles is an injection treatment designed to reduce facial expression lines. Botox is a trade name for botulinum purified neurotoxin complex. Botox is approved by the US Food and Drug Administration (FDA) for the treatment of strabismus and blepharospasm, which are disorders of the muscles of the eyes. The use of Botox therapy for wrinkles is not FDA approved, but is a cosmetic procedure commonly performed around the world. When Botox therapy for wrinkles is performed, tiny amounts of the toxin are injected into the facial muscles responsible for movement associated lines and wrinkles. This injection then relaxes the muscle, thus reducing the associated lines and wrinkles.

Botox therapy for wrinkles works best for dynamic lines and wrinkles, that means those lines that are directly associated with the muscle movement. Botox therapy is less effective for fine textural changes on the skin surface, and for those lines present at rest. Botox therapy is temporary; meaning it will have to be repeated on a regular basis to remain effective. How long each treatment lasts depends on many individual factors including: the degree of sun damage present, the depth of the lines, the size of the muscles, the amount and strength of Botox used, the frequency of re-treatment, and the speed of neuro-muscular repair. An average response is 3-4 months of diminished muscle contraction. Individual responses may be longer or shorter, depending on the above factors.

After Botox is placed into the targeted muscles, the relaxing effect gradually begins over 3-5 days and is not complete for 2 weeks. Therefore optimal results are not seen for at least two weeks, and sometimes longer. During this period you may notice asymmetry or unevenness, within the treated areas. This asymmetry will usually correct itself as Botox takes effect however, in some instances, supplemental injections are required. For optimal results, it is recommended that the treated area not be rubbed vigorously or massaged. You may wish to actively move the treated areas during this time, as this may help to increase the response of the Botox-targeted muscles. There are no known permanent side effects.

Temporary side effects include the following:

Bruising. Usually at or near the injection site, may be increased with the use of aspirin or aspirin-like products, including Vitamin E. This effect generally clears within 7-10 days. No treatment is necessary. **Eyelid/Eyebrow Drooping**. This is due to involvement of those associated muscles and is again temporary.

CONSENT

By signing this form, I attest that I have read and understand the procedure and its risks, and that it has been explained to my satisfaction. I understand the above details including possible side effects of the procedure. I also agree to the non-FDA approved use of Botox for wrinkles. I have had the opportunity to ask questions about this procedure and alternatives including no treatment and my questions have been answered to my satisfaction. I agree to proceed with the treatment today.

Signature	Date
Print Name	 Updated 7/29/20