



Female Estradiol & Testosterone Replacement Therapy Consent Form

Hormone replacement therapy has been used for decades and is still controversial. I realize that testosterone can increase my energy, my libido, and increase my sense of well-being. It may also increase muscle mass and bone density. If I suffer from headaches, I may also see testosterone decreasing their frequency and severity. I am aware that estrogen can eliminate my mood swings, anxiety & irritability. I know that some recent studies using (Prempro) suggested an increased risk of breast cancer, stroke and heart attack but the estrogen and progesterone used were synthetic compounds and not the same as I will be receiving.

I realize in the past, male athletes have abused testosterone. When they took huge quantities of oral synthetic testosterone, they may have incurred heart, liver problems and elevated cholesterol. However low-dose, non-oral, natural testosterone pellets have NOT been associated with these problems.

I also understand that if I have a uterus I must take progesterone to prevent uterine cancer. If I don't have a uterus, progesterone is optional but has been reported to help with sleep.

CONSENT

In summary, I understand the risks, benefits and alternatives (including taking no hormones) and choose to proceed with the HRT. I also understand that I can change my mind and do some other method (including no hormones) at a later date. I have had the opportunity to ask questions about this procedure and alternatives including no treatment and my questions have been answered to my satisfaction.

Signature

Date

Print Name

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