

## Female Estradiol & Testosterone Pellet Insertion Consent Form

Although pellets have been approved for human use, there are few doctors who currently administer estradiol & testosterone pellets in the United States. I realize that this is not the usual and customary means of hormone replacement. I have been told I am to have from one to three pellet(s) of estrogen and possibly testosterone inserted under my skin to achieve a steady delivery of natural hormone into my blood system. I realize that testosterone can increase my energy, my libido, and increase my sense of well-being. If I suffer from headaches, I may also see testosterone decreasing their frequency and severity. I am aware that estrogen can eliminate my mood swings, anxiety & irritability. I know that some recent studies using (Prempro) suggested an increased risk of breast cancer, stroke and heart attack but the estrogen and progesterone used were synthetic and not the same what as I will be receiving.

I realize in the past, male athletes have abused testosterone. When they took huge quantities of oral synthetic testosterone, they may have incurred heart, liver problems and elevated cholesterol. However low-dose, non-oral, natural testosterone pellets have NOT been associated with these problems.

I understand there is a charge of \$40 per pellet, depending on the number of pellets I am to receive and that number will be determined by Dr. Hoyle. There is also an insertion fee of \$190 which includes the surgical tray. As this procedure is often an expense not covered by insurance benefits, I understand payment is due in full at the time of service.

## <u>CONSENT</u>

My signature certifies I have read the above and I understand the risks, benefits and alternatives (including taking no hormones) and choose to proceed with hormone replacement therapy. I also understand that I can change my mind and do some other method (including no hormones) at a later date. I have had the opportunity to ask questions about this procedure and alternatives including no treatment and my questions have been answered to my satisfaction.

Signature

Date

Print Name

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