



### Fillers: Information & Consent Form

You have the right to be informed and educated about your treatment. This will allow you to make an informed decision whether or not you wish to undergo treatment. You have the right to read this consent form, ask any questions you may have, and have them answered to your satisfaction prior to receiving treatment.

Fillers therapy for wrinkles is an injection treatment designed to reduce facial expression lines. Fillers are approved by the US Food and Drug Administration (FDA) for the treatment of strabismus and blepharospasm, which are disorders of the muscles of the eyes. The use of Fillers therapy for wrinkles is not FDA approved, but is a cosmetic procedure commonly performed around the world. When Fillers therapy for wrinkles is performed, tiny amounts of the toxin are injected into the facial muscles responsible for movement associated lines and wrinkles. This injection then relaxes the muscle, thus reducing the associated lines and wrinkles.

Fillers therapy for wrinkles works best for dynamic lines and wrinkles, that means those lines that are directly associated with the muscle movement. Fillers therapy is less effective for fine textural changes on the skin surface, and for those lines present at rest. Fillers therapy is temporary; meaning it will have to be repeated on a regular basis to remain effective. How long each treatment lasts depends on many individual factors including: the degree of sun damage present, the depth of the lines, the size of the muscles, the amount and strength of Fillers used, the frequency of re-treatment, and the speed of neuro-muscular repair. An average response is 3-4 months of diminished muscle contraction. Individual responses may be longer or shorter, depending on the above factors.

After Fillers is placed into the targeted muscles, the relaxing effect gradually begins over 3-5 days and is not complete for 2 weeks. Therefore, optimal results are not seen for at least two weeks, and sometimes longer. During this period, you may notice asymmetry or unevenness, within the treated areas. This asymmetry will usually correct itself as Fillers takes effect however, in some instances, supplemental injections are required. For optimal results, it is recommended that the treated area not be rubbed vigorously or massaged. You may wish to actively move the treated areas during this time, as this may help to increase the response of the Fillers-targeted muscles. There are no known permanent side effects.

**Temporary side effects include the following:**

**Bruising.** Usually at or near the injection site, may be increased with the use of aspirin or aspirin-like products, including Vitamin E. This effect generally clears within 7-10 days. No treatment is necessary. **Eyelid/Eyebrow**

**Drooping.** This is due to involvement of those associated muscles and is again temporary.

CONSENT

By signing this form, I attest that I have read and understand the procedure and its risks, and that it has been explained to my satisfaction. I understand the above details including possible side effects of the procedure. I also agree to the non-FDA approved use of Fillers for wrinkles. I have had the opportunity to ask questions about this procedure and alternatives including no treatment and my questions have been answered to my

\_\_\_\_\_ satisfaction. \_\_\_\_\_ I agree to \_\_\_\_\_ proceed with the treatment \_\_\_\_\_ today.

\_\_\_\_\_  
Signature and Date

\_\_\_\_\_  
Print Name Updated 7/29/20