



## INFORMATION & CONSENT FOR MICROPHLEBECTOMY OF EYE VEINS

It has been determined that you are a candidate for MICROPHLEBECTOMY to treat veins around the eyes. Please read the following before consenting to proceed with this treatment.

### What is Microphlebectomy?

Microphlebectomy is one method of eliminating bulging eye veins. First, the veins to be treated are outlined with a marking pencil and the areas around the veins are carefully injected with an anesthetic solution. Then small 1-2 mm incisions are made at intervals along these veins. Using a tiny instrument called a vein hook, the physician will gently tease out the veins through these small incisions. Stitches are not needed and compression dressings are not necessary. Usually a little Neosporin is applied over the puncture sites and on rare occasions butterfly bandages may be applied to secure the wounds.

### What Results Can I Expect?

Generally one treatment is successful in removing the bulging veins. Occasionally an additional treatment may be required. Most patients who have microphlebectomy will have improvement in the appearance of their eyes. Unfortunately, a cosmetic improvement is never guaranteed. Sometimes the results do not meet the patient's expectations. Rarely, a patient may actually be worse after the treatment although this has never happened in our experience.

### What are the Risks of Microphlebectomy?

1. Some bruising is expected and while this is invariably small, more significant bruising could occur. Going home after the procedure and resting with a cold compress on the eyes can minimize this.
2. Infection may occur after this treatment. Generally, this would present as redness, increasing pain, swelling and fever and would require treatment with antibiotics.
3. Allergic reactions to any of the local anesthetics could occur. These allergic reactions are generally immediate and may include rashes, hives, breathing problems or death. Even if you've never had a reaction to a local anesthetic before, it could occur.

### What Are Potential Side Effects?

1. Itching and mild pain or aching around the treated area can occur for 1-2 days after microphlebectomy.
2. Numbness can occur but is uncommon. If it does happen it generally resolves within a few months.
3. Bruising is common and will fade within 2-3 weeks.

### Are There Other Treatment Options?

Procedures, such as injection sclerotherapy is a possible alternative treatment for bulging eye veins. After a procedure we always encourage to call the office with any concerns.

### CONSENT

By signing this form, I attest that I have read and understand the procedure and its risks, and that it has been explained to my satisfaction. I agree to proceed with the treatment today. I also consent to the taking of photographs while I am undergoing treatment and the use of those photos for scientific, educational, research or marketing purposes. I understand that I will never be identified personally in the photos.

Date: \_\_\_\_\_

Print Name: \_\_\_\_\_

Signature: \_\_\_\_\_